



LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
<p>2 Guisantes rehogados con jamón/ Peas sauteed with ham.</p> <p>Albóndigas sin gluten con salsa de verduras y guarnición de arroz blanco/ Meatballs gluten free in vegetables sauce with white rice.</p> <p>Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.</p>	<p>3 Pasta carbonara / Pasta with carbonara sauce.</p> <p>Bacalao al horno con ajo perejil / Baked cod with garlic and parsley.</p> <p>Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.</p>	<p>4 Crema de puerro y zanahoria/ Cream of leek and carrot.</p> <p>Pollo asado con patatas fritas/Roasted chicken with french fries.</p> <p>Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.</p>	<p>5 Paella de verduras / Rice with vegetables.</p> <p>Chuleta de cerdo a la plancha con ensalada / Grilled pork with salad.</p> <p>Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.</p>	<p>6 Lentejas guisadas con chorizo / Lentils stew with sausage.</p> <p>Merluza a la plancha con ensalada de tomate y pepino/ Grilled hake with tomato and cucumber salad.</p> <p>Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.</p>
<p>9 Puré de calabacín/ Cream of zucchini.</p> <p>Chuleta de pavo a la plancha con pimientos verdes / Grilled turkey with green peppers.</p> <p>Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.</p>	<p>10 Arroz con salsa de tomate/ Rice with tomato sauce.</p> <p>Cinta de lomo con ensalada / Grilled pork with salad.</p> <p>Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten..</p>	<p>11 Judías blancas guisadas con verduras/ White beans stew with vegetables.</p> <p>Dorada al horno con pisto casero/ Grilled fish with homemade vegetables in tomato sauce.</p> <p>Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.</p>	<p>12</p> <p>FESTIVO</p>	<p>13</p> <p>NO LECTIVO</p>
<p>16 Judías verdes rehogadas con jamón y patata cocida /Green beans sauteed with ham and boiled potato.</p> <p>Filete de pollo a la plancha con ensalada / Grilled chicken with salad</p> <p>Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.</p>	<p>17 Pasta boloñesa / Bolognese pasta.</p> <p>Salmón al horno con brócoli / Baked salmon with broccoli.</p> <p>Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.</p>	<p>18 Cocido completo: Sopa, garbanzos, patata, zanahoria, repollo, chorizo, pollo ternera y jamón / Complete cocido (Broth, chickpeas, potato, carrot, cabbage, sausage, chicken, steak and ham).</p> <p>Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.</p>	<p>19 Puré de espinacas / Spinach puree.</p> <p>Ternera asada con salsa de verduras/ Roasted veal with vegetables sauce.</p> <p>Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.</p>	<p>20 Patatas guisadas con carne/ Potatoes stew with meat.</p> <p>Bacalao a la plancha con tomates asados / Grilled cod with roasted tomatoes.</p> <p>Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.</p>
<p>23 Menestra de verduras rehogadas con jamón/ Mixed vegetables sauteed with ham.</p> <p>Contramuslos de pollo al horno en salsa de verduras con guarnición de patatas asadas / Baked chicken in vegetables sauce with roasted potatoes</p> <p>Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.</p>	<p>24 Macarrones con chorizo y salsa de tomate / Pasta with sausage and tomato sauce.</p> <p>Dorada a la plancha con guarnición de lombarda rehogada con manzana/ Grilled fish with red cabbage sauteed with apple.</p> <p>Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.d</p>	<p>25 Judías pintas guisadas con verduras y arroz / Beans stew with vegetables and rice.</p> <p>Tortilla francesa con pimientos verdes fritos/ Omelette with green peppers.</p> <p>Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten..</p>	<p>26 Sopa de cocido/ Broth.</p> <p>Cinta de lomo con champiñones / Grilled pork with mushrooms.</p> <p>Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.</p>	<p>27 Crema de acelgas y zanahorias / Cream of chards and carrots.</p> <p>Pastel de atún /Tuna cake</p> <p>Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.</p>
<p>30 Crema de calabaza/ Cream of pumpkin</p> <p>Hamburguesa de pollo de corral con patatas fritas/ Grilled chicken with french fries.</p> <p>Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten..</p>	<p>31 Lentejas guisadas con verduras / Lentils stew with vegetables</p> <p>Salmón al horno con espárragos verdes a la plancha/ Baked salmon with grilled asparagus</p> <p>Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.</p>			

APTO PARA ALÉRGICOS



Enjoy your



meal