



LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
	5 Arroz blanco / White rice. Lacón a la plancha / Grilled ham. Fruta y pan / Fruit and bread	6 Crema de calabacín / Cream of zucchini. Filete de pavo a la plancha / Grilled turkey. Fruta y pan / Fruit and bread	7 Sopa / Broth. Filete de pollo a la plancha / Grilled chicken. Fruta y pan / Fruit and bread	8 Patatas cocidas con aceite de oliva / Boiled potatoes with olive oil. Pescado a la plancha / Grilled fish. Fruta y pan / Fruit and bread
11 Pasta cocida / Boiled pasta. Filete de pavo a la plancha / Grilled turkey. Fruta y pan / Fruit and bread	12 Sopa / Broth. Tortilla francesa / Omelette. Fruta y pan / Fruit and bread	13 Arroz blanco / White rice. Lacón a la plancha / Grilled ham. Fruta y pan / Fruit and bread	14 Patatas cocidas con aceite de oliva / Boiled potatoes with olive oil. Pescado a la plancha / Grilled fish. Fruta y pan / Fruit and bread	15 Crema de zanahorias / Cream of carrots. Filete de pollo a la plancha / Grilled chicken. Fruta y pan / Fruit and bread
18 Arroz blanco / White rice. Lacón a la plancha / Grilled ham. Fruta y pan / Fruit and bread	19 Patatas cocidas con aceite de oliva / Boiled potatoes with olive oil. Pescado a la plancha / Grilled fish. Fruta y pan / Fruit and bread	20 Sopa / Broth. Filete de pollo a la plancha / Grilled chicken. Fruta y pan / Fruit and bread	21 Pasta cocida / Boiled pasta. Pescado a la plancha / Grilled fish. Fruta y pan / Fruit and bread	22 Crema de patata y zanahoria / Cream of potato and carrot. Tortilla francesa / Omelette. Fruta y pan / Fruit and bread
25 Patatas cocidas con aceite de oliva / Boiled potatoes with olive oil. Filete de pavo a la plancha / Grilled turkey. Fruta y pan / Fruit and bread	26 Arroz blanco / White rice. Pescado a la plancha / Grilled fish. Fruta y pan / Fruit and bread	27 Sopa / Broth. Pollo hervido / Boiled chicken. Fruta y pan / Fruit and bread	28 Crema de calabaza / Cream of pumpkin. Tortilla francesa / Omelette. Fruta y pan / Fruit and bread	29 Pasta cocida / Boiled pasta. Pescado a la plancha / Grilled fish. Fruta y pan / Fruit and bread

Enjoy
your



meal