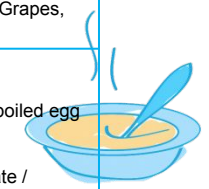


Enjoy your



meal

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
			<p>1 Lentejas guisadas con verduras/ Lentil stew with vegetables</p> <p>Filete de ternera / Grilled veal steak.</p> <p>Yogur natural y pan sin gluten /Natural yogurt and bread without gluten</p>	<p>2 Pasta boloñesa / Pasta with meat and tomato sauce.</p> <p>Bacalao a la plancha con champiñones / Grilled hake with mushrooms.</p> <p>Plátano, leche y pan sin gluten / Banana, milk and bread without gluten.</p>
<p>5 Paella Valenciana / Valencian style rice dish with chicken and vegetables.</p> <p>Cinta de lomo a la plancha con pimientos verdes / Grilled pork with green peppers</p> <p>Manzana, leche y pan sin gluten /Apple, milk and bread without gluten.</p>	<p>6 Cocido completo : sopa, garbanzos, patata, zanahoria, repollo, chorizo, pollo, ternera y jamón / Complete cocido (broth, chickpeas, potatoes, carrots, sausage, chicken, steak and ham).</p> <p>Natillas y pan sin gluten /Pudding and bread without gluten..</p>	<p>7 Crema de calabaza /Cream of pumpkin</p> <p>Merluza a la plancha con patatas fritas / Grilled hake with French fries.</p> <p>Mandarina y pan sin gluten / Mandarin and bread without gluten</p>	<p>8 Pasta con atún y tomate / Pasta with tuna and tomato sauce.</p> <p>Filete de pollo a la plancha con ensalada / Grilled chicken with salad.</p> <p>Yogur de fresa y pan sin gluten / Strawberry yogurt and bread without gluten.</p>	<p>9 Judías verdes rehogadas / Green beans sauteed</p> <p>Filete de ternera / Grilled veal steak</p> <p>Macedonia de fruta, leche y pan sin gluten / Fruit salad, milk and bread without gluten</p>
<p>12</p> <p>FIESTA</p>	<p>13 Guisantes con jamón / Peas sauteed with ham</p> <p>Chuletas de pavo con patatas fritas / Turkey chops with french fries</p> <p>Yogur de limón y pan sin gluten / Lemon yogurt and bread without gluten.</p>	<p>14 Pasta boloñesa /Bolognese pasta.</p> <p>Lenguado al horno / Baked fish 4</p> <p>Plátano, pan sin gluten y leche./ Banana , milk and bread without gluten.</p>	<p>15 Crema espinacas / Cream of spinach</p> <p>Albóndigas de ternera sin gluten con arroz/ Meatballs without gluten and with rice</p> <p>Yogur natural y pan sin gluten/ Natural yogurt with sugar, and bread without gluten..</p>	<p>16 Judías blancas guisadas /White bean stew</p> <p>Tortilla con ensalada /Omelette with salad.</p> <p>Uvas, pan sin gluten y leche / Grapes, bread without gluten and milk.</p>
<p>19 Arroz blanco con salsa de tomate / White rice with tomato sauce</p> <p>Ternera con verduras / Veal in sauce with vegetables</p> <p>Manzana, leche y pan sin gluten / Apple, milk and bread without gluten. .</p>	<p>20 Crema de acelgas y zanahoria / Cream of chard and carrot</p> <p>Hamburguesa de pollo con patatas fritas / Chicken burger.</p> <p>Petit-suisse y pan sin gluten / Yogurt and bread without gluten</p>	<p>21 Patatas guisadas con carne / Potatoes stew with meat</p> <p>Bacalao a la plancha con ensalada/ Grilled hake with salad .</p> <p>Plátano, pan sin gluten y leche / Banana, milk and bread without gluten. .</p>	<p>22 Lentejas guisadas con verduras / Lentil stew with vegetables.</p> <p>Cinta de lomo / Grilled pork.</p> <p>Yogur de macedonia y pan sin gluten / Fruit salad yogurt and bread without gluten.</p>	<p>23 Sopa de picadillo / Soup with boiled egg and ham</p> <p>Salmón con ensalada de tomate / Salmon with tomato salad.</p> <p>Mandarina y pan sin gluten / Mandarin and bread without gluten .</p>
<p>26 Judías verdes con jamón / Green beans with ham</p> <p>Croquetas caseras sin gluten con ensalada / Homemade croquettes without gluten with salad</p> <p>Macedonia de frutas, leche y pan sin gluten /Mixed fruit salad, milk and bread without gluten..</p>	<p>27 Pasta con chorizo / Pasta with sausage.</p> <p>Merluza al horno / Baked Cod</p> <p>Yogur de fresa, y pan sin gluten / Strawberry yogurt, and bread without gluten.</p>	<p>28 Crema de verduras / Cream of vegetables</p> <p>Filete de ternera con ensalada / Grilled veal steak with salad</p> <p>Manzana, leche y pan sin gluten / Apple, milk and bread without gluten.</p>	<p>29 Judías pintas con arroz / Pinto beans stew with rice.</p> <p>Lenguado a la plancha / Grilled fish.4</p> <p>Yogur de limón o fruta y pan sin gluten / Lemon yogurt or fruit and bread without gluten.</p>	<p>30 Sopa de cocido / Broth.</p> <p>Pollo asado con patatas fritas / Roasted chicken with French fries</p> <p>Plátano, leche y pan sin gluten / Banana, milk and bread without gluten.</p>