

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
2 NO LECTIVO	3 Arroz blanco / White rice Filete de pollo a la plancha / Grilled chicken Yogur natural y pan / Natural yoghurt and bread.	4 Patatas hervidas con aceite de oliva / Boiled potatoes with olive oil Lacón a la plancha / Grilled ham Fruta y pan / Fruit and bread	5 Sopa / Broth Tortilla francesa / Omelette Yogur natural y pan / Natural yoghurt and bread.	6 Crema de zanahoria / Cream of carrot Pescado a la plancha / Grilled fish Fruta y pan / Fruit and bread	
9 Patatas hervidas con aceite de oliva / Boiled potatoes with olive oil Lacón a la plancha / Grilled ham Fruta y pan / Fruit and bread	10 Crema de calabacín / Cream of zucchini Filete de pollo a la plancha / Grilled chicken Yogur natural y pan / Natural yoghurt and bread.	11 Pasta cocida / Boiled pasta Pescado a la plancha / Grilled fish Fruta y pan / Fruit and bread	12 Sopa / Broth Pollo hervido / Boiled chicken Yogur natural y pan / Natural yoghurt and bread.	13 Arroz blanco / White rice Pescado a la plancha / Grilled fish Fruta y pan / Fruit and bread	
16 Crema de zanahorias / Cream of carrots Jamón york / Ham Fruta y pan / Fruit and bread	17 Patatas hervidas con pollo y aceite de oliva / Boiled potatoes with chicken and olive oil Pescado a la plancha / Grilled fish Yogur natural y pan / Natural yoghurt and bread.	18 Sopa / Broth Tortilla francesa / Omelette Fruta y pan / Fruit and bread	19 Arroz blanco / White rice Filete de pollo a la plancha / Grilled chicken Yogur natural y pan / Natural yoghurt and bread.	20 Pasta blanca / Boiled pasta Pescado a la plancha / Grilled fish Fruta y pan / Fruit and bread	
23 Arroz blanco / White rice Filete de pavo a la plancha / Grilled turkey Fruta y pan / Fruit and bread	24 Patatas hervidas con aceite de oliva / Boiled potatoes with olive oil Lacón a la plancha / Grilled ham Yogur natural y pan / Natural yoghurt and bread.	25 Pasta cocida / Boiled pasta Pescado a la plancha / Grilled fish Fruta y pan / Fruit and bread	26 Sopa / Broth Tortilla francesa / Omelette Yogur natural y pan / Natural yoghurt and bread.	27 Crema de patata / Cream of potato Pescado a la plancha / Grilled fish Fruta y pan / Fruit and bread	
30 Arroz blanco / White rice Tortilla francesa / Omelette Fruta y pan / Fruit and bread	31 Patatas hervidas con pollo y aceite de oliva / Boiled potatoes with chicken and olive oil Pescado a la plancha / Grilled fish Yogur natural y pan / Natural yoghurt and bread				

03
March



Enjoy
your



meal