

VIERNES	JUEVES	MIÉRCOLES	MARTES	DOMINGOS
1 NO LECTIVO				
8 Crema de verduras / Cream of vegetables Lasaña de carne / Meat lasagna Manzana roja , leche y pan / Apple, milk and bread	7 Sopa de lluvia / Soup Pollo asado con patatas fritas / Roasted chicken with french fries Yogur de macedonia o Fruta y pan / Fruit salad yogurt or Fruit and bread	6 Lentejas con verduras / Lentil stew with vegetables Filete de cerdo a la plancha / Grilled pork fillet Naranja , leche y pan / Orange, milk and bread	5 Macarrones boloñesa / Pasta with bolognese sauce Tortilla / Omelette Yogur de limon o fruta y pan / lemon yogurt or fruit and bread	4 NO LECTIVO
15 Pasta carbonara / Pasta with carbonara sauce Tortilla / Omelette Plátano, leche y pan / Banana, milk and bread	14 Cocido completo (sopa, garbanzos, zanahoria, patata, repollo, chorizo, ternera, jamón y pollo) / Complete cocido (Broth, chickpeas, carrot, potatoe, cabbage, sausage, veal, ham and chicken) Petit suisse o fruta y pan / Yogurt or fruit and bread	13 Judías verdes rehogadas / Green beans sauteed Filete de ternera con patatas fritas / Grilled veal steak with french fries Manzana verde, leche y pan / Apple, milk and bread	12 Crema de calabacín / Cream of zucchini Cinta de lomo a la plancha / Grilled pork Yogur natural o fruta y pan / Natural yogurt or Fruit and bread	11 Guisantes con jamón / Peas with ham Albóndigas de pollo con arroz / Chicken Meatballs with rice Fresas , leche y pan / Strawberry, milk and bread
22 Arroz con salsa de tomate y salchichas / Rice with tomato sauce and sausages Tortilla de patata / Potatoe omelette Macedonia fruta naturl, leche y pan / Natural fruit salad,milk and bread	21 Crema de calabaza o pisto / Cream of pumpkin or vegetables in tomato sauce Croquetas de jamón /Ham Croquettes Yogur de macedonia o fruta y pan / Fruit salad yogurt or fruit and bread	20 Sopa de ave / Soup Filete de ternera con ensalada / Grilled veal steak with salad Fresas, leche y pan / Strawberry, milk and bread	19 Judías blancas con chorizo / Beans stew with sausage Lacón a la plancha / Grilled ham Natillas o fruta y pan / Custard or fruit and bread	18 Puré de zanahoria y acelgas / Carrot and chard puree Hamburguesa de pollo con patatas fritas / Chicken burger with french fries Naranja, leche y pan / Orange, milk and bread
29 Judías pintas con arroz / Pinto beans stew with rice Tortilla / Omelette Naranja , leche y pan / Orange, milk and bread	28 Crema de verduras / Cream of vegetables Filete empanado con ensalada / Breaded fillet with salad Yogur natural o fruta y pan / Natural yogurt or fruit and bread	27 Macarrones con chorizo y queso/ Pasta with sausage and cheese Ternera en salsa con verduras y patata / Veal in sauce with vegetables and potatoe Plátano, leche y pan / Banana, milk and bread	26 Lentejas hortelanas / Lentil stew with vegetables Brocheta de pollo adobado / Marinated chicken brochette Yogur de fresa o fruta y pan / Strawberry yogurt or fruit and bread	25 Patatas con carne / Potatoes stew with meat Empanadillas de jamón y queso / Ham and cheese pasty Manzana roja , pan y leche / Red apple, bread and milk



Enjoy your



meal