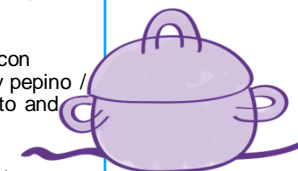
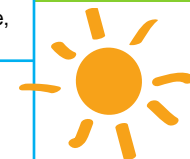


LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
7 NO LECTIVO	8 Macarrones con atún y tomate / Pasta with tuna and tomato sauce Cinta de lomo adobada con ensalada de tomate, queso fresco y orégano / Marinated pork with tomato, fresh cheese and oregano salad Yogur de fresa y pan / Strawberry yogurt and bread	9 Patatas guisadas con costillas y setas / Potatoes stew with cutlet and mushrooms Filete de merluza al limón / Grilled hake with lemon Mandarina, leche y pan / Mandarin, milk and bread	10 Crema de verduras frescas / Cream of fresh vegetables Hamburguesa de pollo con patatas fritas / Chicken burger with french fries Petit suisse y pan / Yogurt and bread	11 Cocido completo (Sopa, garbanzos, zanahoria, patata, repollo, jamón, ternera, pollo y chorizo) / Complete cocido (broth, chickpeas, carrot, potato, cabbage, ham, veal, chicken and sausage) Piña, leche y pan / Pineapple, milk and bread
14 Arroz con salsa de tomate / Rice with tomato sauce Filete de pavo adobado con champiñones / Marinated turkey with mushrooms Plátano, leche y pan / Banana, milk and bread	15 Lentejas guisadas con verduras / Lentil stew with vegetables Salmón al horno con eneldo y lombarda / Baked salmon with dill and red cabbage Yogur de limón y pan / Lemon yogurt and bread	16 Puré de calabaza / Pumpkin puree Albóndigas de ternera con arroz / Meatballs with rice Macedonia natural de fruta, leche y pan / Natural fruit salad, milk and bread	17 Judías verdes rehogadas con jamón / Green beans sautéed with ham Pollo asado con patatas fritas / Roasted chicken with french fries Natillas y pan / Pudding and bread	18 Espaguetis carbonara / Pasta with carbonara sauce Bacalao al horno con pisto / Baked cod with vegetables in tomato sauce Naranja, leche y pan / Orange, milk and bread
21 Paella marinera con calamares, chipirones y gambas / Rice with squids and prawns Tortilla con ensalada de espinacas / Omelette with spinach salad Manzana, leche y pan / Apple, milk and bread	22 Judías blancas con chorizo / Beans stew with sausage Emperador a la plancha con salsa de ajo y perejil / Grilled swordfish with garlic and parsley Yogur natural azucarado y pan / Natural yogurt with sugar and bread	23 Crema de calabacín con picatostes / Cream of zucchini with croutons Filete de ternera con patatas panaderas, cebolla y pimiento verde / Grilled veal steak with baked potatoes with onion and green peppers Plátano, leche y pan / Banana, milk and bread	24 Códigos con chorizo, tomate y queso / Pasta with sausage, tomato sauce and cheese Mero con calabacín a la plancha / Mere with grilled zucchini Yogur de macedonia y pan / Fruit salad yogurt and bread	25 Lentejas guisadas con verduras / Lentil stew with vegetables Croquetas de jamón con ensalada de tomate y pepino / Croquettes with tomato and cucumber salad Naranja, leche y pan / Orange, milk and bread
28 Patatas guisadas con sepia / Potatoes stew with cuttlefish Filete de pollo con pimientos verdes / Grilled chicken with green peppers Plátano, leche y pan / Banana, milk and bread	29 Macarrones boloñesa y queso / Pasta with meat, tomato sauce and cheese Salmón a la plancha con brócoli / Grilled salmon with broccoli Flan de huevo y pan / Egg custard and bread	30 Guisantes rehogados con jamón / Peas sautéed with ham Lasaña de ternera / Meat lasagna Fresas con zumo de naranja, y pan / Strawberry with orange juice and bread	31 Sopa de arroz y pollo / Rice soup with chicken Merluza con tomates al horno / Hake with baked tomatoes Yogur de fresa y pan / Strawberry yogurt and bread	



Bon appetit!