



MENÚ COMIDAS

Dietas Blandas

<p>7</p> <p>NO LECTIVO</p>	<p>8</p> <p>Macarrones cocidos / Boiled pasta Lacón a la plancha / Grilled ham Yogur y pan / yogurt and bread</p>	<p>9</p> <p>Patatas con pollo / Potatoes with chicken Filete de merluza al limón / Grilled hake with lemon Fruta y pan / Fruit and bread</p>	<p>10</p> <p>Crema de zanahoria / Cream of carrot Filete de pollo a la plancha / Grilled chicken Yogur y pan / Yogurt and bread</p>	<p>11</p> <p>Sopa / Soup Tortilla / Omelette Fruta y pan / Fruit and bread</p>
<p>14</p> <p>Arroz blanco / White rice Filete de pavo / Turkey fillet Fruta y pan / Fruit and bread</p>	<p>15</p> <p>Sopa / Soup Salmón al horno / Baked salmon Yogur y pan / yogurt and bread</p>	<p>16</p> <p>Puré de calabaza / Pumpkin puree Lacón / Grilled ham Fruta y pan / Fruit and bread</p>	<p>17</p> <p>Patatas cocidas / Boiled potatoes Pollo asado / Roasted chicken Yogur y pan / Yogurt and bread</p>	<p>18</p> <p>Macarrones cocidos / Boiled pasta Bacalao al horno / Baked cod Fruta y pan / Fruit and bread</p>
<p>21</p> <p>Arroz blanco / White rice Tortilla / Omelette Fruta y pan / Fruit and bread</p>	<p>22</p> <p>Sopa / Soup Emperador a la plancha / Grilled swordfish Yogur y pan / yogurt and bread</p>	<p>23</p> <p>Crema de calabacín con picatostes / Cream of zucchini with croutons Pollo a la plancha / Grilled chicken Fruta y pan / Fruit and bread</p>	<p>24</p> <p>Pasta cocida / Boiled pasta Mero hervido / Boiled Mero Yogur y pan / yogurt and bread</p>	<p>25</p> <p>Patatas hervidas con pollo / Boiled potatoes with chicken Lacón / Grilled ham Fruta y pan / Fruit and bread</p>
<p>28</p> <p>Patatas hervidas con aceite y sal / Boiled Potatoes with oil and salt Filete de pollo / Grilled chicken Fruta y pan / Fruit and bread</p>	<p>29</p> <p>Macarrones cocidos / Boiled pasta Salmón a la plancha / Grilled salmon Yogur y pan / Yogurt and bread</p>	<p>30</p> <p>Crema de calabaza / Cream of pumpkin Tortilla / Omelette Fruta y pan / Fruit and bread</p>	<p>31</p> <p>Sopa de arroz y pollo / Rice soup with chicken Merluza / Hake Yogur y pan / yogurt and bread</p>	

Enjoy your



meal